

All participants are required to pay a Gymnastics BC annual insurance fee: \$44.00 & annual zone fees: \$5.00
Gymnastics BC Yearly Insurance runs September - August

REGISTRATION ONLINE OPENS: WEDNESDAY, DECEMBER 18TH, 2024 @ 7:00 AM

SESSION DATES

JANUARY 6TH - MARCH 17TH, 2025 (10 WEEK SESSION)

**** We are closed on all Statutory Holidays
** FEBRUARY 17TH, 2024****

**** CLASSES WILL BE PAID IN FULL PER SESSION FEES**

*** Please be advised: if minimum class size is not met, classes may be cancelled**

PRICE LIST DOES NOT INCLUDED GST

PRE-KINDER PROGRAMS FOR AGES 12M - 5 YRS

PARENT & TOT FOR AGES 12M +	MON	TUES	WED	THURS	FRI	SUN	COST
Parent & Tot (12m+) 30 Minutes gross motor movement class with circuits on various gymnastics equipment.		10:30 - 11:00 Brittany					\$120.00/ Session
Parent & Tot (18m+) 30 Minutes gross motor movement class with circuits on various gymnastics equipment.	10:30 - 11:00. Layne			10:30 - 11:00 Veronika	10:15 - 10:45am Veronika		\$120.00/Session
Parent & Tot (18m+) 30 Minutes gross motor movement class with circuits on various gymnastics equipment.							\$120.00/Session

PRE-CANGYM PROGRAMS FOR AGES 3 YEARS	MON	TUES	WED	THURS	FRI	SUN	COST
Pre-cangym (3 Years) 45 Minutes gross motor movement class with circuits on various gymnastics equipment. The child MUST be ready to participate without parents.				11:30 - 12:15 Layne	12:15 - 1:00 Veronika		\$170.00/ Session
Pre-cangym (3 Years) 45 Minutes gross motor movement class with circuits on various gymnastics equipment. The child MUST be ready to participate without parents.					12:30 - 1:15 Layne		\$170.00/ Session

PRE-CANGYM PROGRAMS FOR AGES 4 YEARS	MON	TUES	WED	THURS	FRI	SUN	COST
Pre-cangym (4 Years) 60 Minutes gross motor movement class with circuits on various gymnastics equipment. The child MUST be ready to participate without parents.	11:15 - 12:15. Layne		2:15 - 3:15. Gracie	11:15 - 12:15. Veronika	11:00 - 12:00pm Veronika	10:15 - 11:15. Ashlyn	\$230.00 Session
Pre-cangym (4 Years) 60 Minutes gross motor movement class with circuits on various gymnastics equipment. The child MUST be ready to participate without parents.					11:15 - 12:15pm Layne		\$230.00/ Session

DROP - IN	MON	TUES	WED	THURS	FRI	SUN	COST
ALL AGES			10:30 - 12:30pm				
HomeSchool							

All participants are required to pay a Gymnastics BC annual insurance fee: \$44.00 & annual zone fees: \$5.00

Gymnastics BC Yearly Insurance runs September - August

REGISTRATION ONLINE OPENS: WEDNESDAY, DECEMBER 18TH, 2024 @ 7:00 AM

SESSION DATES

JANUARY 6 - MARCH 17TH 2025

**** We are closed on all Statutory Holidays
** FEBRUARY 17TH, 2025**

**** CLASSES WILL BE PAID IN FULL PER SESSION FEES**

*** Please be advised: if minimum class size is not met, classes may be cancelled**

PRICE LIST DOES NOT INCLUDED GST

CANGYM PROGRAMS FOR AGES 5 - 12

BURGUNDY/ RED (Levels 1 - 2) For the beginner. Develop strength, flexibility, coordination, and balance on the bars, beam, floor, & vault.	MON	TUES	WED	THURS	FRI	SUN	COST
5-7 Years (1 hour class/week)			4:45 - 5:45PM Gracie			1:00 - 2:00 Gracie	\$230.00 / Session
5-7 Years (1 hour class/week)	4:20 - 5:20PM Delainey			3:30 - 4:30pm Ashlyn			\$230.00 / Session
5 - 7 Years (1 hour class/week)							\$230.00 / Session
8 & UP Years (1 hour class/week)	6:00 - 7:00pm Ashlyn	4:45 - 5:45PM Delainey	3:15 - 4:15PM Delainey				\$230.00 / Session
TAN/BRONZE (Levels 3 - 4) The next step in the cangym program. Must have completed levels	MON	TUES	WED	THURS	FRI	SUN	COST
5-7 Years (1 hour class/week)	3:30 - 4:30PM Ashlyn	4:45 - 5:45PM Ashlyn				11:30 - 12:30 Ashlyn	\$230.00/ Session
5-7 Years (1 hour class/week)		3:30 - 4:30PM Delainey	3:30 - 4:30PM Gracie				\$230.00 / Session
8 & UP (1 hour class/week)			4:20 - 5:20PM Delainey	3:30 - 4:30pm Delainey			\$230.00 / Session
8 & UP (1 hour class/week)	3:15 - 4:15PM Delainey	6:00 - 7:00PM Ashlyn		4:45 - 5:45PM Delainey			\$230.00 / Session
PURPLE (Levels 5) Must have completed levels 1-4 before moving to this class.	MON	TUES	WED	THURS	FRI	SUN	COST
5-7 Years (1 hour class/week)		3:30 - 4:30PM Ashlyn		6:00 - 7:00 Ashlyn			\$230.00 / Session
8 & UP (1 hour class/week)	4:45 - 5:45pm Ashlyn						\$230.00 / Session
PURPLE/BLUE (Levels 5 & 6) Must have completed levels 1-4 before moving to this class.	MON	TUES	WED	THURS	FRI	SUN	COST
5-7 Years (1 hour class/week)							\$230.00/ Session
8 & UP (1 hour class/week)		4:30 - 5:30PM Gracie					\$230.00 / Session
BLUE/ TURQUOISE 1X/WEEK (Levels 6 & 7) Must have completed levels 5 before moving to this class.	MON	TUES	WED	THURS	FRI	SUN	COST
8 & UP (1hour class/ week)				6:15 - 7:15 Gracie/Delainey			230.00/ Session
Teen Gymnastics (13 yrs - 17 yrs) Gymnastics for teens wanting to continue or learn new skills, build strength, flexibility & endurance	MON	TUES	WED	THURS	FRI	SUN	COST
13 to 17 (1hour 15min class/week)		5:45 - 7:00 Gracie					\$280.00 / Session



All participants are required to pay a Gymnastics BC annual insurance fee: \$44.00 & annual zone fees: \$5.00
 Gymnastics BC Yearly Insurance runs September - August

REGISTRATION ONLINE OPENS: WEDNESDAY, DECEMBER 18TH, 2024 @ 7:00 AM

SESSION DATES

JANUARY 6TH -MARCH 17TH (10 WEEK SESSION)

**** We are closed on all Statutory Holidays**
 FEBUARY 17TH, 2025**

**** CLASSES WILL BE PAID IN FULL PER SESSION FEES**

*** Please be advised: if minimum class size is not met, classes may be cancelled**

PRICE LIST DOES NOT INCLUDED GST

LIL NINJAS - is a beginner level to the ninja , which is inspired by gymnastics, martial arts, obstable training and freestyle movement.	MON	TUES	WED	THURS	FRI	SUN	COST
LIL NINJA (3 - 5 YRS) (45 Minute class/week)						10:00 - 10:45AM Gracie	\$170.00 /Session
LIL NINJA (3 - 5 YRS) (45 Minute class/week)						11:00 - 11:45AM Gracie	\$170.00 / Session
LIL NINJA (3 - 5 YRS) (45 Minute class/week)						12:00 - 12:45AM Gracie	\$170.00 / Session

NINJA TRAINING (Ages 5 - 12 Years) Children learn a combination of flips, rolls, jumps, kicks. Strength and agility are tested through obstable courses and various training techniques.	MON	TUES	WED	THURS	FRI	SUN	COST
NINJA LEVEL 1 / 2 AGE 5-7 Years (1 hour class/week)			3:15 - 4:15PM Kira				\$230.00 /Session
NINJA LEVEL 1/2 AGE 7 & UP (1 hour class/week)							\$230.00/ Session
NINJA LEVEL 2 AGE 7 & UP (1 hour class/week)							\$230.00 / Session
NINJA LEVEL 2/3 AGE 7 & UP (1 hour class/week) MUST HAVE PASSED LEVEL 1	3:15 - 4:15PM Kira						\$230.00 / Session